PeaceBirds project workshop Wednesday, September 25, 3-5pm Mathias Fine Art, Trevett, ME www.mathiasfineart.com



Folding Birds for Peace for information & registration : info@mathiasfineart.com (207) 633-7404

Explore the art of folding birds for peace, with artist Mona Shiber.

Similar to origami, we fold doves and cranes, using specific papers, allowing for mindful movements of hands, eyes and heart. These birds represent peace in many traditions. We imbue the intention of global well wishing into our hands and birds. We fold extra, as offerings towards the PeaceBirds project, where we fold a bird for every life flown too soon. This project grew out of a shared desire of two artist friends to transform the pain of witnessing global atrocities. One artist wrote of "a desire to shift the sadness and loss through the need to make, to make meaning out of hopelessness and to make a reminder message to instill peace within myself."

We are starting a movement; hundreds of people sharing in the folding of hundreds of thousands of birds. Please, join us by also starting a movement in your own circles. visit us at: www.jupinglin.net/peacebirds

Mona's art images can be viewed at: www.monashiber.com